



A Life Well Lived

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“Well done, good and faithful servant.”

Matthew 25





# Ahead

Introduction

Starting Well

Living Well

Suffering Well

Ending Well

Testimonies



Starting Well



“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.”

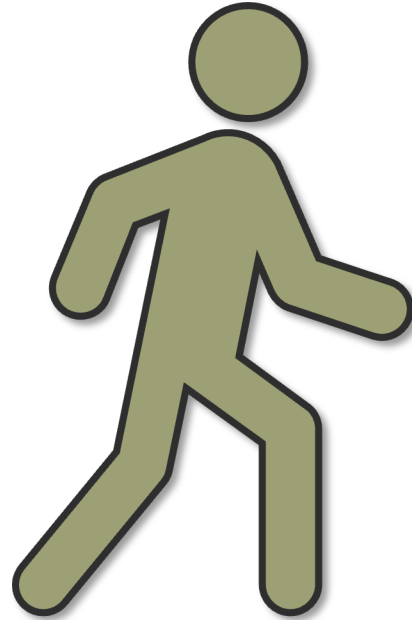
- Colossians 3:1-2





Living Well

# A Life Well Lived: The Body





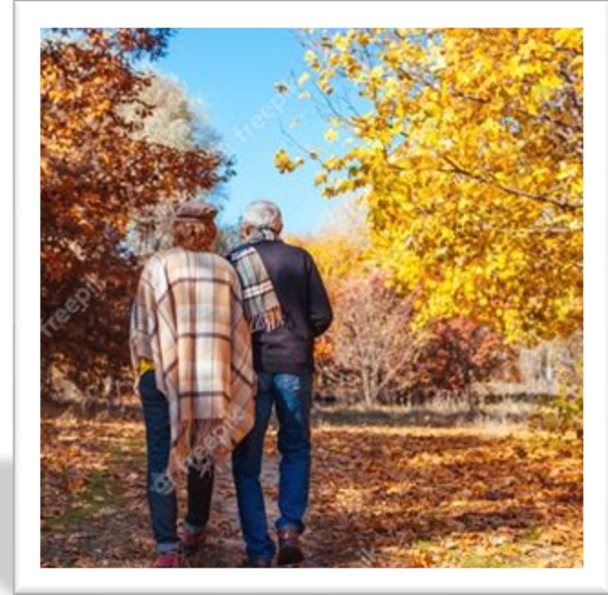
# Living Well: The Body



Sleep



Food



Exercise

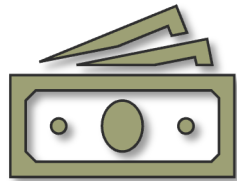




# A Life Well Lived: Our Environment



# A Life Well Lived: Our Environment





# Technology



# Technology's Access

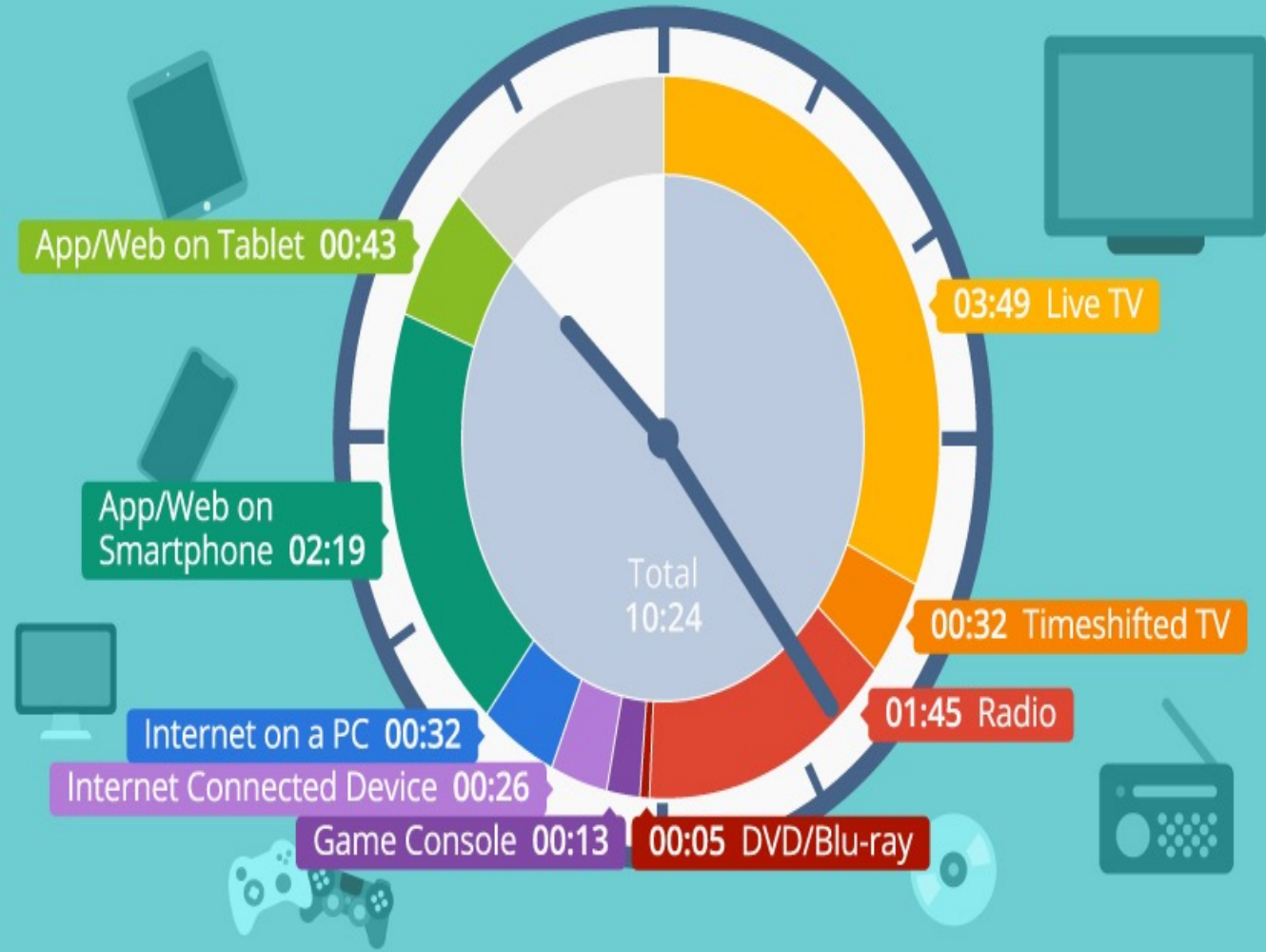
- The Good: Connecting people, helpful content,
  - The Bad: Time wasted, unhelpful content
- The Ugly: Ungodliness, wicked content, used as a “shield.”



# Technology's Dominance

## Always On: Media Usage Amounts to 10+ Hours a Day

Average time U.S. adults (18+) spent with electronic media per day in Q2 2018 (hours:minutes)\*





“All things are lawful for me.’ but not all things are helpful.  
‘All things are lawful for me,’ but I will not be dominated by  
anything.”

- 1 Corinthians 6:12







# Boundaries





# Living Well

The Body: Sleep. Food. Activity.

Technology: The Good, The Bad & The Ugly.





Money



Money

“Is money bad?”



“For the love of money is a root of all kinds of evils.”

- 1 Timothy 6:10





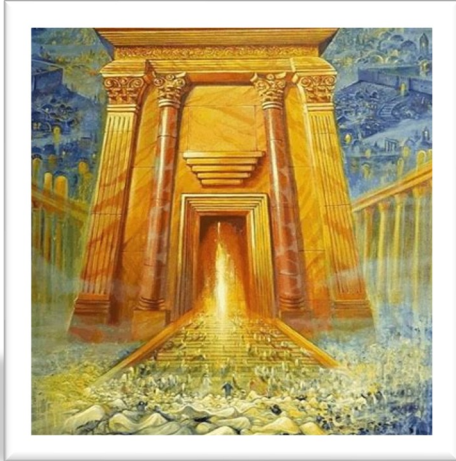
“For the love of money is a root of all kinds of evils.”

- 1 Timothy 6:10





# Approaching Money



**Given to Give Back**

1 Chronicles 29:6-9





“But who am I, and what is my people, that we should be able thus to offer willingly? *For all things come from you, and of your own have we given you.*”

- 1 Chronicles 29:14





“The point is this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. *Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.*”

- 2 Corinthians 9:6-7



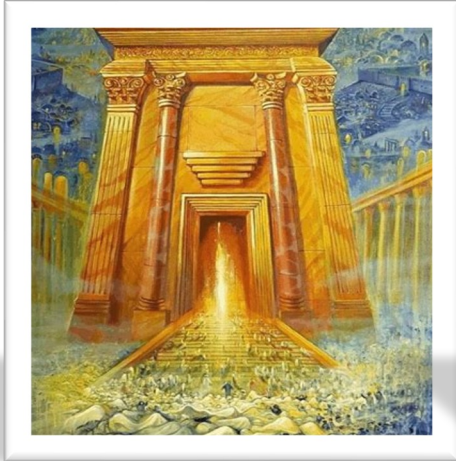


“Honor Yahweh with your wealth and with *the firstfruits of all your produce.*”

- Proverbs 3:9



# Approaching Money



**Given to Give Back**

1 Chronicles 29:6-9



**Given to Steward**

Matthew 25:14-30





# Stewardship







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- Managing God's money (25:14).



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- Managing God's money (25:14).
- Money is not be hid/buried (25:18).
- Stewardship is relative (25:15-16).
- What of "investing?" (25:27)



“Cast your bread upon the waters, for you will find it after many days. Give a portion to seven, or even to eight, for you know not what disaster may happen on earth.”

- Ecclesiastes 11:1-2



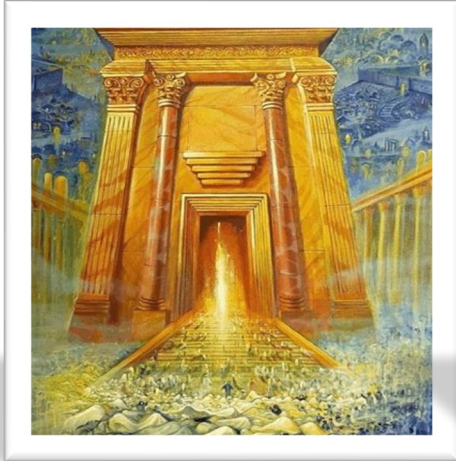


# Stewardship

- Managing God's money (25:14).
- Money is not be hid/buried (25:18).
- Stewardship is relative (25:15-16).
- What of "investing?" (25:27)
  - Not for greed, self-preservation, or fear (25:24).
  - Purpose: To "make" for God.
  - i.e. a "home for hospitality," to make "to help or to giveaway."

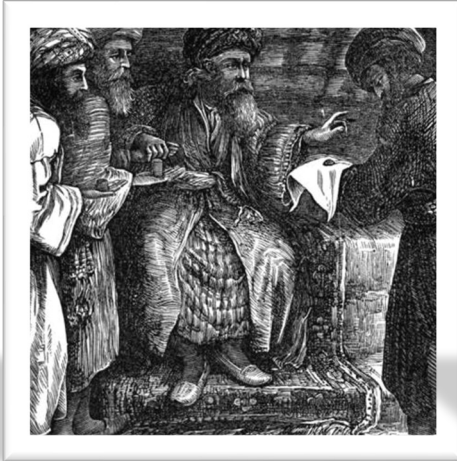


# Approaching Money



## Given to Give Back

1 Chronicles 29:6-9



## Given to Steward

Matthew 25:14-30



## Given to Leverage

Luke 16:1-13





“No servant can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. *You cannot serve God and money.*”

- Luke 16:13



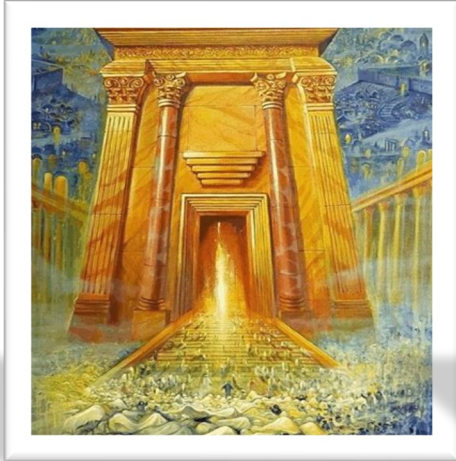


“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, *but lay up for yourselves treasures in heaven*, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

- Matthew 6:19-21

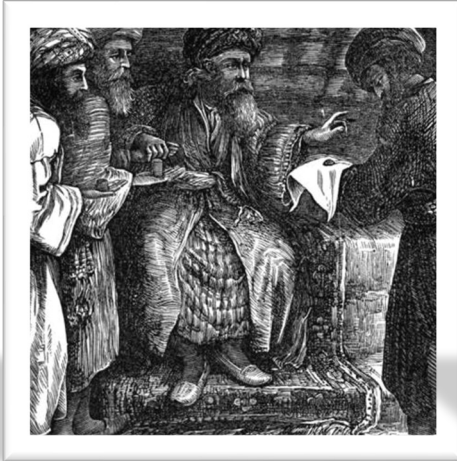


# Approaching Money



## Given to Give Back

1 Chronicles 29:6-9



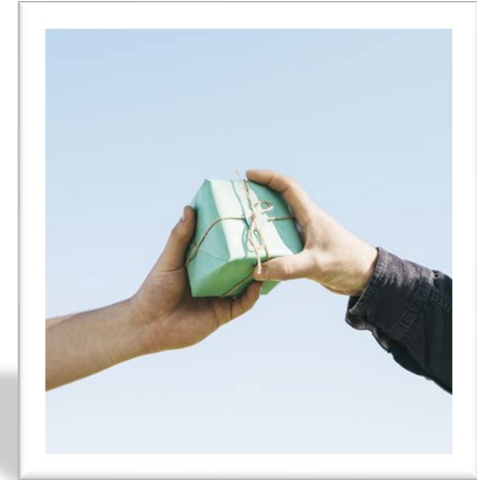
## Given to Steward

Matthew 25:14-30



## Given to Leverage

Luke 16:1-13



## Given to Share

1 Timothy 6:17-19





“The churches of Macedonia... gave according to their means, as I can testify, and beyond their means, of their own accord... But they gave themselves first to the Lord and then by the will of God to us.”

- 2 Corinthians 8:1-5







# Resource Warnings





“ Just a little bit more. ”

John D. Rockefeller







# Resource Warnings

- Covetousness. Joshua 7:20-21





# Resource Warnings

- Covetousness. Joshua 7:20-21
  - Greed. 2 Kings 5:19-20





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- Robbery. Malachi 3:9-10 / Acts 5:1-2





# Resource Warnings

- Covetousness. Joshua 7:20-21
  - Greed. 2 Kings 5:19-20
- Robbery. Malachi 3:9-10 / Acts 5:1-2
  - Temptation. 1 Timothy 6:6-9





# Philippians 4:10-20



# Money Helps



# Money Helps





# “The push to maximize female labour”

Lindsey Wasson/Reuters



JAMIE SARKONAK

Old-school feminism was supposed to be about letting women choose their own lifestyles. Some might want to stay home to raise a family, while others might want to pursue a career instead.

There wasn't supposed to be a wrong choice — the point was to give women equal treatment in the workplace, not force them there.

Rather than old-school feminism, Canada has adopted capital-L Liberal feminism. It seeks to push women in a particular direction rather than allow free choice. If life becomes too unaffordable for a family to subsist on one income, that's OK — forcing mom into the workplace generates tax revenue and improves the nation's gender equality statistics.

It's budget season, so you're about to see a lot of marketing about the female labour force participation rate, gender equality, daycare funding and maybe even talk of another “[feminist budget](#).” That's just the window dressing; the idea behind it all is to grow the labour pool and make GDP gains while sounding progressive and inspiring.



# Money Helps



# Money Helps





“ Money can't buy happiness. ”

Howard Hughes



In his final years Hughes abruptly moved his residence from one place to another (The Bahamas, Nicaragua, Canada, England, Las Vegas, Mexico). As was the case with the Desert Inn, he took elaborate precautions to ensure absolute privacy in a luxury hotel and was rarely seen by anyone except a few male aides. Often working for days without sleep in a black-curtained room, he became emaciated and deranged from the effects of a meagre diet and an excess of drugs. In 1976 he died on a flight from Acapulco, Mexico, to Houston, Texas, to seek medical treatment.

**Source: Britannica**



# Money: Recap

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- Money is *given to give* – to God first, then to others.
- We are called to be *wise and generous stewards*.
- Recognize money's *temptations*.
- Budget, spend in your means, get help!



Upcoming.



Next Week:  
Relationships





Questions?